



Platte County Memorial
Nursing Home

P.O. Box 1148
Wheatland, WY 82201



PLATTE COUNTY
MEMORIAL NURSING HOME

A Spirit of Love, Respect and Compassion

July 2014

FOLK TALES



*Help us Celebrate!!
You are all invited
We break ground on the
New Facility
Friday July 11th, at 1:30pm
followed by a party at the
“Old “ Nursing Home
at 3pm*

Future building site of the new Platte County Memorial Nursing Home located on 19th Street next to Memorial Baptist Church. **Watch Us Grow!**



Platte County Hospital District Board of Directors

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E-Newsletter

Would you like an electronic version
of this newsletter? Send your
E-mail address to:

theresa.reddicks@pcmnh.com

Folk Tales is a monthly publication of

Platte County Memorial Nursing Home
204 15th Street
Wheatland, WY 82201

Newsletter Editors: Theresa Reddicks

Arnold Coffield and his son Tony, Glen Hall and Hank Yeadon are “spreading some bull” while watching the Ranch Rodeo



PCMNH Management Team
307-322-6406

E-mail: info@pcmnh.com

Website: www.pcmnh.com

Administrator: Shane Filipi x2264
Director of Nurses: Chris Kennedy, x2236
Activities: Theresa Reddicks, x2271
Business Office: Linda Conrad x2265
Environmental Services: Dean Hensel
Social Services: Josie Goertz x2273
Infection Control: Holly Montgomery, x2478
MDS Coordinator: Cissy Gudahl x2471
Medical Director: Lauri Palmer, MD

PCMNH does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services & activities, or in employment.





Hank Yeadon works on a pipe puzzle.



Nothing like a baby bunny to soften up an old rancher like Dan McGuire.

Care Plan Schedule

July 3rd 10:00 Martha Rehorst 10:20 Doris Small 10:40 Arnold Coffield 11:00 Josephine Johnston 11:20 Cindy Bishop 11:40 Ralph Foster	July 10th 10:00 Clara Lou Johnson 10:20 Jack Willadsen 10:40 Helen Rutherford 11:00 11:20 11:40
July 17th 10:00 Martha Rehorst 10:20 Bevie Christensen 10:40 Carol Contryman 11:00 Gladys Yount	July 24th 10:00 Helen Peters 10:20 Ruth Irvine 10:40 Earl Hall 11:00 John Kriebel 11:20 Donna Pensis 11:40 Ralph Foster
July 31st 10:00 Norma Gould 10:20 Ruth Mittan 10:40 Thelma Foster 11:00 11:20	August 7th 10:00 Glen Hall 10:20 Leota Throckmorton 10:40 11:00 11:20

What Pharmacy does your loved one use?

Please confirm your pharmacy with the charge nurse on your next visit.

Or call 322 6406 ex2237

Your help is appreciated.



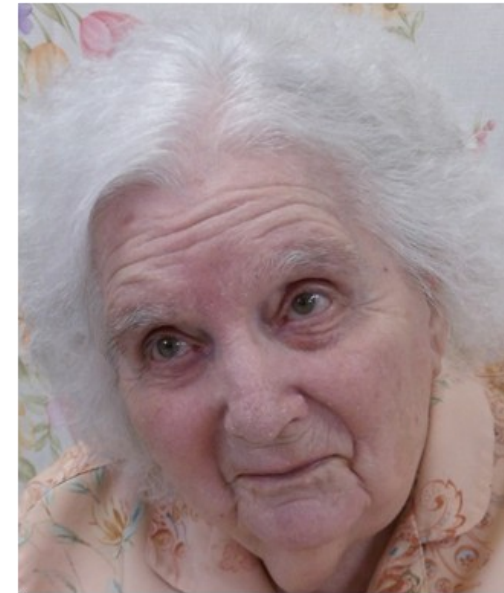
****PLEASE****
Help to keep our residents healthy

Remember the **number 1** defense against the flu and infection is **hand washing.**

Holly Montgomery
Infection Prevention Nurse



Resident of the Month Ruth Lock



Ruth was born in Colorado. She had three sisters and four brothers. She was a Sophomore in HS, age 16, when she married Luther Lock in 1938. The couple had six children; three baby boys died in infancy and then Sharon was born, Shirley and Norman came later. Both Ruth's husband and her son, Norman, are deceased.

Ruth was a wife, mother and Homemaker. She cooked and baked for her husband's Harvest Crews. She often took the meals to the field. She used to talk about washing dishes late into the night.

Her faith is very important to her. She continues to be involved in her Church. She is a member of the Mountain View Full Gospel church.

Her hobbies were crocheting, embroidery and reading. She enjoyed playing Rook. Visits with her daughters brighten her day.

A Note From the Social Services Department

According to the Alzheimer's Research and Prevention Foundation, "memory loss is neither a normal nor natural process of aging. But, if you want to maintain the strength and vitality of your brain as you age, you must take a proactive role. Just as your body needs strength-building exercise to keep your muscles fit, so does your brain." For more information on Alzheimer's disease and keeping yourself and your brain healthy, please visit:

July Birthdays

Ruth Lock
7/05/1922

Beverly Christensen
7/11/1944

Cindy Bishop
7/15

Glen Hall
7/17/1924

Dan McGuire
7/17/1939

Shirley vonForell
7/23/1934



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OUR DEDICATED STAFF

Folk Tales—July

Employee of the Month Josie Goertz



Josie was born and raised in Wheatland, graduating from Wheatland high school. She graduated from the University of Phoenix with a degree in Psychology. Josie started working at this facility in October of 2013. She wanted a career that would utilize her degree. Josie's favorite part of working in Social Services is having the opportunity to help people. Josie is the mother of nine year old twins. She has been spending a lot of time in the baseball dugout watching her children "play ball". I'm sure she knows all the words to Take Me Out To The Ball Game. Some of her favorite things to do are riding bikes with the kids, reading, working on her house, and yard. She is busy with planning her upcoming wedding. Her bright personality & positive attitude helps to create a great atmosphere in the nursing home.



NEW STAFF
Julie Day
Shelby Hays
Jace Loyd

From the Administrator's Desk



Sampson Construction has been awarded the General Contractor bid. A ground breaking ceremony will be held on July 11th at 1:30 at the new facility site. Construction of the new facility will take about a year to complete. Everybody in the building is really excited to be able to see the construction get under way. Please feel free to stop into my office if you have any questions about the construction. Thank you for all the support, Shane



WY Activity Coordinators Association, WACA , new State Board.
Back row: Secretary Erica Kaliszewski ,Treasurer Theresa Reddicks PCMNH, Awards/Marketing Chair Corey Adams, Newsletter Editor, Dawn Fish, Vice President Diane DeYoung, President Katherine King,
Front row center: Education/Library Chair Casper College Instructor Terri Newman. and assistants.

Staff Birthdays

7/04 Julie Day
7/05 Tammy Duvall
7/15 Kelly Delgado
7/18 Janette Horsley



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Piano with Luanne 10am Horse Races 2pm Mind Teasers 4pm Activity Time	2 Manicures 9:30am Bible Study 11am Bingo 2pm Computer Games 4:30pm Activity Time	3 Times to Remember in Act. 9:30am Patriotic Music by Jason 10:30 Balloon Fun & Exercise 2pm Activity Time	4 July 4th 	5 Music with Pat & Johnny 10am Movie 2pm <u>Ruth Lock</u>
6 Movie 10am Book Club 1:30pm Church Service 4pm Jason Crossman Activity Time	7 Resident Council 10am Piano by Jason 11am Relaxation Time 1pm Group Exercise 4pm Activity Time	8 Piano with Luanne 10am Horse Races 2pm Supper 5pm Dance 6:30pm	9 Manicures 9:30am Bible Study 11am Picnic 12pm Bingo 2pm Computer Games 4:30pm Activity Time	10 Times to Remember 10am Music with Nita 11am Joints in Motion 2pm Visit with Dakota 4:15pm	11 Wild Bunch Breakfast 8am Exercise Games 10am Ground Breaking 1:30pm Celebration 3pm <u>Bevie Christensen</u>	12 Patio Games 10am Movie 2pm
13 Movie 10am Church Service 2pm Adam Lovett Book Club 3pm Activity Time	14 Bastille Day Bowling 10am Piano by Jason 11am Parisian Tea Party 2pm Movie & Popcorn 4pm	15 Piano with Luanne 10am Mind Teasers 4pm Activity Time <u>Cindy Bishop</u>	16 Manicures 9:30am Bible Study 11am Picnic 12pm Bingo 2pm Computer Games 4:30pm Activity Time	17 Times to Remember 10am Music with Nita 11am Joints in Motion 2pm Visit with Dakota 4:15pm <u>Glen Hall</u> <u>Dan McGuire</u>	18 Fun in the Sun 10am Book Club 10:45am Bingo 2pm	19 Crafts 10am Movie 2pm
20 Movie 10am Church Service 2pm Dale Smith Book Club 3pm Activity Time	21 Music with Pat & Johnny 10am Relaxation Time 1pm Trivia 2pm Group Exercise 4pm Activity Time	22 Piano with Luanne 10am Horse Races 2pm Mind Teasers 4pm Activity Time	23 Manicures 9:30am Bible Study 11am Picnic 12pm Birthday Party 3pm Activity Time <u>Shirley vonForell</u>	24 Music with Nita 11am Joints in Motion 2pm Visit with Dakota 4:15pm	25 Fun in the Sun 10am Book Club 10:45am Bingo 2pm	26 Movie 2pm
27 Movie 10am Church Service 2pm Josh Burns Book Club 3pm Activity Time	28 Bowling 10am Piano Music by Jason 11am Relaxation Time 1pm Trivia 2pm Group Exercise 4pm	29 Piano with Luanne 10am Horse Races 2pm Mind Teasers 4pm Activity Time	30 Manicures 9:30am Bible Study 11am Picnic 12pm Bingo 2pm Computer Games 4:30pm Activity Time	31 Music with Nita 11am Joints in Motion 2pm Visit with Dakota 4:15pm	BIRTHSTONE: Ruby FLOWER: Larkspur COLOR: Green and Russet	"A bad day of fishing is better than a good day of work." -Anonymous "May the holes in your net be no larger than the fish in it." -Irish Blessing